

CUSTOMER REVIEWS

«My niece cut off a fingertip at the end of June and in spite of advice and medical means from the Accident and Emergency in Bergen, there were a lot of tears and challenges with painful changes of bandages. She was strictly told not to swim this summer. Then she came to visit her aunt in Sogndal and I advised her to use Optima balm on her finger, and as a result the bandage did no longer get stuck to the wound, the bleeding stopped and after a few more days of reapplying Optima pH4 Skin Balm, the wound healed. So now the girl is swimming in the summer heat; no more painful changes of bandage.»

- Edel Olstad, podiatrist.



«Optima pH4 Stomach Regulator is absolutely fantastic. My husband and I have used this regularly for several months and have no stomach problems anymore. My husband has been suffering from haemorrhoids due to constipation – it has all completely cleared. Brought a bottle of Optima with us to Greece and took one dose every morning for 2 weeks. None of us had unsettled stomach during the holiday.»

«I have now used Optima products for 3 years. I am suffering with mild psoriasis of the scalp, upper body and legs. Started to use the Optima pH4 Skin Balm 2 times a day and the result is remarkable - all itching has stopped, flaking of the scalp is completely gone, while flaking on the rest of the body is greatly reduced. I

am also using the skin wash and the shampoo. We have also started using the cleaning products, for the kitchen, bathroom, floors and windows. They all work very well»
- Man 50 years

The Dermatology Department at Haukeland University Hospital

has been using and recommending Optima pH4 Skin Wash Plus and Optima pH4 Skin Balm to many patients since 2014 and has received a lot of good feedback!

More reviews and documentation can be found at www.optima-ph.no.

OTHER OPTIMA PRODUCTS

pH4 UNIVERSAL WASH

A cleaning product that can be used everywhere in the home and at work. It has no negative effect on health and the environment and is "kind" to furniture, equipment etc. The organic acids make it difficult for harmful bacteria (such as E.coli, S.aureus, Salmonella and Listeria) to grow.

pH3,6 ORGANIC ACIDS

This is a mix of acetic acid and other organic acids that inhibit the growth of harmful bacteria and fungi. Can be used if you want an even stronger effect than just Optima pH4 Universal Wash alone. The ingredients are approved for use in food and are therefore ideal for use in the kitchen, e.g., for cutting boards etc.

Where to buy Optima pH:

An updated retailer list can be found at www.optima-ph.no. If you are not near a retailer, you can shop directly in our online shop.

For Optima Products for Animals, see www.optima-ph.no



Optima Produkter AS is a member of Grønt Punkt and all our bottles can be recycled.



Optima pH

skincare



Photo: Floribwoods Photography, Layout: Optima Produkter AS 21

www.optima-ph.no

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THE OPTIMA CONCEPT

• All Optima products have a pH of 4

Balanced skin has a low pH (4-6), plenty of natural oils and normal skin flora. pH 4 in Optima is important for maintaining this balance and repairing imbalanced skin. Organic acids are important ingredients for achieving this.

• Inhibitory effect on harmful bacteria

and fungi due to containing organic acids. These are acids that also are found in nature and in many healthy foods. Vinegar, lemons, cranberries, lingonberries, cloudberries and rowanberries are such foods. The great thing about these acids is that they do not harm the beneficial bacteria.

• Alginate is an important ingredient

Optima pH is the only skin care series that contains alginate, which is produced from seaweed and kelp. Alginate is a well-known ingredient in natural wound dressings – Alginate dressings.

The result is unique products that strengthens the skin's own defense mechanisms, which protects our skin from bacteria, fungi and environmental pollutants and makes the skin soft and supple. The Optima pH Skin Wash Product does, among other things, not remove the natural oils from the skin and hair. Shampoos and soaps with high pH strips the skin of the natural oils. It is very harmful to both people and animals. With pH below 4.5, and in the presence of organic acids, harmful bacteria have difficulty surviving, while the normal skin flora is little affected.

• All Optima products (with the exception of the washing product) contain raw materials approved for use in food. The Optima products do not contain perfumes, harmful chemicals or environmental toxins.



OPTIMA pH4 SKIN WASH

Ingredients: Water, glycerol, surfactants, organic acids, alginate, salt, aroma, colour

This is a product with special characteristics. Optima uses 50% less surfactants compared to other skin care brands. Optima pH4 Skin Wash is a skin care product which prevents the skin from drying out. Suitable for all types of skin wash, such as hand washing, showering, shaving, intimate washing, foot washing / foot bath and as a shampoo. Beneficial to our normal, healthy bacterial flora.



OPTIMA pH4 SKIN WASH PLUS

Ingredients: Same as skin wash, with sea salt and a larger number of organic acids.

This product has all the good properties of the original Optima pH4 Skin Wash as well as a more inhibitory effect on harmful bacteria and fungi. pH4 Skin Wash Plus and pH4 Skin Balm is the combination that gives the best effect on skin problems and for wound healing. Favourable to our normal, healthy bacterial flora.



OPTIMA pH4 INTIMATE WASH

Ingredients: Water, glycerol, surfactants (half amount) organic acids, alginate, sea salt, aroma

For use on intimate skin, to avoid and prevent skin problems. Follow by using Optima pH4 Skin Balm. Contributes to maintaining the natural balance of your intimate skin.



OPTIMA pH4 SHAMPOO

Ingredients: Water, glycerol, surfactants (half amount) organic acids, alginate, sea salt, aroma, colour

Mild shampoo with sea salt, vinegar and alginate. Use for itching, dandruff and other scalp conditions.



-Skin in balance

OPTIMA pH4 SKIN BALM

Ingredients: Water, glycerol, organic acids, carboxymethylcellulose, alginate, aroma, colour

Mild, nourishing gel. Suitable skin care for the whole body; dry hands, after sunbathing, after shaving, to surface wounds and skin problems. The consistency of the gel makes the product easy to apply and also suitable for foot and skin massage. pH 4 maintains the good and normal bacterial flora and has an inhibitory effect on harmful bacteria.



OPTIMA pH4 SKIN CARE PLUS

Ingredients: Water, glycerol, organic acids, alginate, aroma, colour

This product is equivalent to Optima pH4 Skin Balm in terms of inhibitory effect on harmful bacteria and fungi. Skin Care Plus is slightly more fluid and comes in a spray bottle.



OPTIMA pH4 MOUTH SPRAY

Ingredients: Water, glycerol, organic acids, alginate, aroma, colour

Favourable to our normal bacterial flora in the mouth and throat. pH 4 provides good oral hygiene. Use Optima pH4 Mouth Spray for dry mouth, dry and sore mucous membranes, bad breath, mild cough and other conditions.



OPTIMA pH4 STOMACH

Ingredients: Water, glycerol, vinegar, acidity regulator (citric acid, benzoic acid, sorbic acid), alginate, lemon aroma, colour

pH-adjusted dietary supplement with vinegar. It is important to have a good, normal bacterial flora in the mouth, throat, stomach and intestines. Useful travel companion.



OPTIMA pH4 DEODORANT

Ingredients: Water, glycerol, organic acids, carboxymethylcellulose, alginate, aroma

Skincare deodorant without perfume and skin-irritating aluminium. Antiperspirant. **New design 2021!**

